



Guilford County Stay-at-Home Order Frequently Asked Questions

What does this order mean?

This emergency order was issued to protect the health and safety of Guilford's residents, with the goal of reducing the spread of COVID-19 and hospital admissions. The decision to issue this order was made with influence from the medical community, especially the Cone Health System and its CEO, Terry Akin.

What are the dates for this order?

The Stay-at-Home order takes effect at 5 pm, Friday, March 27 and remains in effect through 11:59 pm on Thursday, April 16. It will be continually evaluated and modified based on the guidance from public health officials and experts.

How does this order change the previous executive order prohibiting mass gatherings of 50 or more?

The Stay-at-Home Order supersedes the restrictions.

What is and is not allowed?

You Can

- Go to the grocery, convenience or warehouse store
- Go to the pharmacy to pick up medications and other healthcare necessities
- Visit a health care professional for medical services that cannot be provided virtually (call first)
- Go to a restaurant for take-out, delivery or drive-thru
- Care for or support a friend or family member
- Take a walk, ride your bike, job and be in nature for exercise – just keep at least six feet between you and others.
- Walk your pets and take them to a veterinarian, if necessary
- Help someone to get necessary supplies
- Receive deliveries from any business which delivers

You Should Not

- Go to work unless you are providing essential services as defined by this Order
- Visit friends and family if there is no urgent need
- Maintain less than six feet of distance from others when you go out



- Visit loved ones in the hospital, nursing home, skilled nursing facility or other residential care facility, except for limited exceptions as provided on the facility websites
- Travel except for essential travel and activities

What is considered essential business/travel?

- Shopping for necessary supplies and services
- Outdoor activities such as walking, hiking, running, cycling, using greenways, golfing
- Providing necessary care for others
- Traveling to work for essential business and operations
- Traveling to a healthcare appointment

What businesses and types of work are considered essential?

- Healthcare, public health, law enforcement, public safety and first responders
- Food, beverage and agriculture
- Grocery stores and pharmacies
- City of Greensboro functions: water, trash/recycling collection, public safety
- Transportation (airlines, taxi, public transportation, vehicle rental, logistics)
- Media
- Gas stations and businesses needed for transportation (auto supply, auto repair, bicycle shops, etc.)
- Financial institutions such as banks, consumer lenders, credit unions, appraisers, title companies, financial markets, trading and future exchanges, entities that issue bonds, etc.
- Hardware and supply stores
- Critical trade occupations, such as building and construction, plumbers, electricians, exterminators, janitorial staff, security staff, HVAC, painting, moving and relocation services and other services that are necessary to maintaining the safety, sanitation and essential operation of residences and businesses
- Mail, post, shipping, logistics, delivery and pick-up services
- Laundry services
- Restaurants for off-premise consumption (in-house delivery, third-party delivery, drive-thru, curbside pick-up and carry out)
- Professional services, including but not limited to legal, accounting, insurance and real estate
- Childcare centers
- Manufacturing, distribution and supply chain



- Hotels and motels
- Funeral services
- Other community-based government operations and essential functions including human services
- Other community-based human service operations
- Hazardous materials

Are personal services, such as nail salons, hair salons, barbershops, and tanning facilities classified as essential?

No, businesses that provide personal services are not classified as essential.

What is considered essential travel?

- Any travel related to the provision of or access to essential activities, essential government functions, essential business and operations, or minimum basic operations
- Travel to care for elderly, minors, dependents, persons with disabilities, or other vulnerable persons
- Travel to and from education institutions for purposes of receiving materials for distance learning, for receiving meals, and other related services
- Travel required by law enforcement or court order, including to transport children according to a custody agreement

Am I allowed to go outside to exercise?

Yes, but maintain social distancing of at least six feet from all others